

*HOW TO  
GET GIRLS  
INTO BED  
WITHOUT  
TRYING*

INTRODUCTION

First, I want to thank you for purchasing this manual. Don't be fooled by it's small size, the information it contains will be the magic key that opens the door to success with women you never dreamed possible. I honestly believe that this is the fastest, easiest, most effective system in the world for totally transforming the way you relate with women. It will change your life. Just get out of it's way and let it work for you.

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Los Angeles, California  
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## CHAPTER ONE

What is the real secret to success with girls?  
Lots of cash? The body of a greek god? A  
schlong the size of Miami?

If you think any of these are correct, YOU  
ARE WRONG! While all of them might  
help you at first, none of them are required.  
Sifting there, right where you are, right now,  
you already have everything you need to  
have all the girlfriends you could ever want.

You don't believe me, you say? Well, who  
can blame you for thinking that way? After  
all, if you're used to nothing but frustration,  
it can be pretty hard to believe that anything  
else is possible, let alone a life filled with  
available women, ready, eager, and willing  
to satisfy you completely.

But let me ask you a simple question, before  
you chuck this book in the trash with that  
copy of "Be The Person You Were Meant  
To Be". Have you ever seen or known a  
very average, or even ugly guy, who always  
had lots of women around him? Someone  
who certainly wasn't great looking, didn't  
have big bucks, and frankly, to your eyes,  
appeared a bit slimy? Someone who, all this  
notwithstanding, had ladies eating out the  
palm of his hand (and the fly of his pants,  
while we're at it)??????

Well, if you haven't seen such a guy, you've  
been keeping your eyes shut, because they're  
all around you. And if these guys are doing  
all these ladies, its got to be because of  
something they have on the inside, since  
they are not great lookers, and neither are  
they rich.

Now, this is good news, very good news for  
you. Because it means you can do the same,  
and with the method I'm going to give you

you'll do it even better, quickly and easily,  
with no struggle at all.

So, put your negative, horny, frustrated self  
on the shelf and be prepared to get laid like a  
rock star on tour!

## CHAPTER TWO : THE METHOD REVEALED

What I'm going to show you isn't entirely new, there have been versions of it around for centuries. What makes mine different is this: **IT WORKS, AND THE OTHERS DON'T!!!**

The dumb version of this method is called affirmations. Basically affirmations involve you repeating to yourself over and over some statements about how you'd like to be or what you want. This will supposedly make you fabulously rich, solve all your problems, and give you a chance at being reincarnated as Brooke Shield's bicycle seat.

For example, using this dumb, unworkable version, if you wanted to lose weight, you'd repeat sentences like these over and over:

I am in control of my appetite, I will no longer stuff my fat, disgusting face.

I no longer enjoy eating cookies and ice cream, I only eat nutritional dreck like tofu.

I am losing weight with each passing day, soon I will no longer need my own zip code.

And so forth.

The problem with this method is that it requires you to believe things about yourself that you **KNOW** aren't true. Everytime you say "I am" something, another part of you says, "Uh uh no way, buster. You sure ain't!"- So this method gets you nowhere because the suggestions just get cancelled out.

The simple solution to all of this is to

substitute the word "you" for the word "I". This way, it is as if you are making all the suggestions to a third party, so **YOU DO NOT HAVE TO BELIEVE THEM!** This one simple change is the key to unleashing the unlimited, and I mean **UNLIMITED** power of your unconscious mind to totally transform you into a dynamic, commanding, sexy stud who women can't keep their hands (and other parts) off of!!

### CHAPTER THREE : THE AFFIRMATIONS REVEALED

In the next chapter I'll tell you exactly how to use these affirmations. Right now, I want to give them to you. I should say that while these are extraordinarily powerful, they are by no means exhaustive. You may find it useful to make up your own; if not these will certainly do quite nicely.

#### AFFIRMATIONS

- 1) You radiate a confidence, warmth, and charm, that women find irresistibly attractive.
- 2) Your failure days with women are gone forever; you are a new man now and see yourself through the success eyes of now.
- 3) You have unlimited power to bring about your desire; you can meet, date and seduce any woman you desire.
- 4) You always know what to say and do to melt a woman's resistance away.
- 5) Your mind is focused on what you desire; there is no limit to what can be yours.
- 6) You radiate a confidence, self control and power that women find irresistibly attractive.
- 7) You have unlimited power to seduce the women you desire; you can easily have any woman you want.
- 8) You swiftly size up a woman's potential and eliminate those who are wasting your time.
- 9) Your every action, thought, and word, reflects a life filled to overflowing with available women.
- 10) You have incredible sexual power with women; you radiate an irresistible sexual energy that arouses women just being in your presence.
- 11) You move with a power, aggression, and grace that women find irresistibly attractive.
- 12) You are aggressive, direct and powerful with the women you desire; it is impossible for a woman to manipulate or control you.
- 13) You are mastering the responses, actions, thoughts and processes that are bringing you irresistible power with women.
- 14) As far as women are concerned you have no limitations; you can meet, date and seduce any woman you desire.
- 15) You care for your appearance, grooming, and style; you are growing more attractive with each passing day.
- 16) Your power with women is completely without limits; you are aggressive, compelling, vivid, real.
- 17) You are attuned to a woman's changing moods and emotions and you ride these as the sailor rides the ever changing sea.
- 18) Your mind is focused on what you desire; there is no limit to what can be yours.

## CHAPTER FOUR: HOW TO USE THE AFFIRMATIONS

Using the affirmations is really pretty simple. The best way to do it is to get yourself a cheap cassette recorder. Don't go for anything super fancy; you just need to be able to record your own voice.

Write each of these affirmations down on a piece of paper and then go someplace where you can work without interruption. You don't want your roommate walking in while you're repeating this stuff, do you? He might get the idea that you're a little strange.

And while we're on this subject, DON'T TELL ANYONE WHAT YOU ARE DOING!! Just let them wonder why you suddenly have all these girls coming over.

Onward. What you should do now is turn on the recorder, and repeat each affirmation at least ten times. Speak slowly and try to put some feeling behind it, although that isn't necessary. It does, however, make the tape easier to listen to.

Once you are finished all you have to do is listen to the tape (preferably through headphones) whenever you get the time. Your tape should be about 20 minutes to half an hour long and you should be listening to it at least twice a day for the first week or so. You can do this before you go to sleep, or when you get up in the morning, or while sorting through laundry, etc. You do NOT have to pay any attention to the tape on a conscious level.

Within about a week you will notice sudden changes in your behavior and responses towards women. You will find yourself saying and doing things you never would have imagined doing before.

Whatever you do, don't "try" to help things along by forcing your behavior. That is the only way this method could fail; it's rigged to work automatically, so just you let it, you hear?

Now, I should say that some of you may prefer not to use a tape recorder, but instead would do better to just repeat the affirmations to yourself. That's ok, provided you say them out loud. You don't have to shout them of course; in fact I recommend speaking in a low, quiet tone if you do take this course of action.

But since we're covering the talking to yourself variation, here is a way to combine the methods to get super, great results!!!!

Get your tape cassette ready, and then pull out the piece of paper with the list of affirmations. As you start the tape, and begin listening, start reading the affirmations out loud, but start with the second affirmation on the list. This way the affirmation you hear on the tape should always be different from the one you are speaking out loud.

Now, why does this work so well? Simply, it overwhelms your conscious mind's ability to keep track and gets the affirmations into your unconscious that much faster. It's known in hypnosis as a double induction trance and it works incredibly well!! Give it a shot and see for yourself!!

## CONCLUSION

Well, that's the system, in a nutshell. I know, I know. It just seems too simple, too easy, too good to be true! Please, please, please, PLEASE give it a try, it really works! If you need some encouragement just call me at 213.670.6547 and I'll talk to you personally. There is so much pleasure, fun and fulfillment out there for you, begging to be taken, and this method will deliver it up if you give it an honest try.

### SUPER BONUS METHOD TO REALLY GET YOU GOING!!!!

Listen: this method, as I've given it to you, should really work wonders. Even so, I wanted to share something else with you that I use in my individual counseling work with guys. It's a way to totally wipe out failure images from your mind. You should use this whenever you find that you're making the same mistakes with women over and over again.

Here's how it works, think of a big mistake you made with a woman. Then, as you think about the mistake, take the pictures you are making of it in your head, and push them away from you, so you seem to be looking at them from across the room. This will help you take the emotional upset out of them.

Then, think of at least three different things you could have done in that situation. Make one totally outrageous and fun. Make another one that is the exact OPPOSITE of what you actually did. Then pick a third one.

Imagine yourself going through each one, and pick out the one you like best. Run that one, and see it turning out the way you wanted it to.

Now, here comes the best part. Go back and remember the very FIRST time you ever make this mistake. Now, in your mind, using the response you like the best, correct THAT time, so IT turned out the way you wanted. Then go through all the times you can remember having made that mistake, and correct each one.

Why is this so important? Because it gives you the feeling of someone who has a long history of ALWAYS HAVING DONE IT RIGHT!!! THIS WILL GIVE YOU ENORMOUS CONFIDENCE WHEN YOU FACE THIS SITUATION IN THE FUTURE.

Even more important is it will make you totally motivated to go out and chase girls like crazy, because when you do make a mistake, you know that it will now lead to feeling totally powerful and prepared instead of scared and frustrated. Please try this method. It is a miracle.

R.J.